## How Apple Is Invading Our Bodies Notes

## 1.) List the pros and cons of wearable technology from the article. You should have a total of 5 items listed. Find quotes from the article to back up your ideas.

|  |  |
| --- | --- |
| PRO | CON |
| Some control (par. 6)Faster to look at (par.5) | People get over connected (par. 4)Distracting (par. 3)Too personal (par. 2Makes reality less real (par. 4) |

## NOTES:

## Hook:

## Technology is often an important aspect in many people’s lives.

## Statements to show examples:

## Grossman stats that “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_” (par. #) which furthers his arguments because…

## Reminder DOUBLE SPACE rough draft

## Write on a separate sheet of paper an expository paragraph about this article. Your paragraph must include three examples from the article to back up if you believe it is for/against wearable technology.

**Intro (hook statement):** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**In Grossman’s article, “How Apple Is Invading Our Bodies”, Grossman is looking at the implication of technology in society today. Grossman is arguing that wearable technology is a positive/negative thing based on… \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(3 examples)**

**First supporting detail/example: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**Second supporting detail/example: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**Third supporting detail/example: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**Transition Words**

*Transition words and phrases help establish clear connections between ideas and ensure that sentences and paragraphs flow together smoothly, making them easier to read.*

***Addition***

And, in addition to, furthermore, moreover, besides, than, too, also, both-and, another, equally important, first, second, etc., again, further, last, finally, not only-but also, as well as, in the second place, next, likewise, similarly, in fact, as a result, consequently, in the same way, for example, for instance, however, thus, therefore, otherwise

***Contrast***

On the contrary, contrarily, notwithstanding, but, however, nevertheless, in spite of, in contrast, yet, on one hand, on the other hand, rather, or, nor, conversely, at the same time, while this may be true

***Concession***

Although, at any rate, at least, still, thought, even though, granted that, while it may be true, in spite of, of course

***Consequence or Result***

So that, with the result that, thus, consequently, hence, accordingly, for this reason, therefore, so, because, since, due to, as a result, in other words, then.

***Details***

Specifically, especially, in particular, to explain, to list, to enumerate, in detail, namely, including

***Emphasis***

Above all, indeed, truly, of course, certainly, surely, in fact, really, in truth, again, besides, also, furthermore, in addition.

***Examples and Illustrations***

For example, for instance, thus, in other words, in particular, namely, to illustrate, specifically, such as, especially, to demonstrate

***Similarity or Comparison***

Similarly, likewise, in like fashion, in like manner, parallel to, again

***Summary***

Therefore, finally, consequently, thus, in short, in conclusion, in brief, as a result, accordingly, on the whole, as shown above, overall

Technology is an integral part of society for many people. **In Grossman’s article, “How Apple Is Invading Our Bodies”, Grossman is looking at the implication of technology in society today. Grossman is arguing that wearable technology is a negative thing based on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**Grossman believes that “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**He further feels that “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**Most importantly, Grossman sees wearable technology as a “line between [products and the human body, which] will never be as easy to find again” (par. 8). Ultimately, he implies that…**

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Technology is an integral part of society for many people. **In Grossman’s article, “How Apple Is Invading Our Bodies”, Grossman is looking at the effect of technology in society today. Grossman is arguing that wearable technology is a negative thing based on…**

1. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
2. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**EXAMPLE 1**

**Grossman believes that “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_” (par. \_\_\_\_\_\_\_\_), which suggests that** technology is a **negative thing because…**

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**EXAMPLE 2**

**He further feels that “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**EXAMPLE 3**

**Most importantly, Grossman sees wearable technology as a “line between [products and the human body, which] will never be as easy to find again” (par. 8). Ultimately, he implies that technology is a negative thing because…**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**How Apple is Invading Our Bodies**

* Put technology somewhere where it’s never been particularly welcome
* This isn’t just a new product; this is technology attempting to colonize our bodies.
* Other, but the Apple Watch wants to […] become part of your Self
* Constant gravitational tug on our attention
* Attention is never entirely undivided
* Thoughts and opinions of distant anonymous strangers start to feel more urgent than those of your loved ones
* Development community gets through apping it, there’s no telling what else it might gather
* People will use that information to track you and market to you
* Bought and sold and leaked
* … with Apple setting the standards
* Then we’ll really have to decide how much control we want – and what we’re prepared to give up for it

PRO

* Does something computers generally can’t or aren’t supposed to

CONS

* Constant gravitational tug (par. 3)
* Information tracking - Use information to track and market you (par. 7)
* Dependency - Too dependent on technology (par. 3)
* Control by Apple - Spread through body, with Apple setting the standards (par. 8)
* Colonizing bodies - Technology attempting to colonize bodies (par. 1)

Technology is used every day and often people can become too dependent on it.

Technology can often be seen as something that is affecting the way people think.

Grossman is arguing that wearable technology is a negative thing based on dependency, \_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_

One example Grossman uses is how society is depending on technology. Grossman believes that technology has a “constant gravitational tug on our attention” (par. 3). This suggests that people are over dependant on their technology to a point where it negatively affects their daily lives, such as getting a job.

1. Give point
2. Quote
3. Explain quote

Grossman believes that “\_\_\_\_\_\_\_” (par. #), which suggests that…

He further feels that “\_\_\_\_\_\_\_\_” (par. #), a feeling that reinforces...

Technology is often used everywhere, in some areas of people’s lives that are not always positive.

Tracking Information:

“They capture all data that your body generates” (par. 6)

“Gathers it up and store and returns it to you in a form we can use” (par. 6)

Grossman first discusses tracking information and states “[Apple] capture all data that your body generates” (par. 6). This means that Apple uses this information to follow people, which Grossman argues is a negative thing because of the risk of leaks and hacks.

How Apple is Invading Our Bodies Notes

* Wants to get intimate with us in a way we’re not entirely used to
* This isn’t just a new product; this is technology attempting to colonize our bodies. (Thesis)
* It gets closer than we’re used technology getting.
* It lives on your body
* Become part of your Self
* Exert a constant gravitational tug on our attention
* Your attention is never entirely undivided
* Where the thoughts an opinions of distant anonymous strangers start to feel more urgent than those of your loved ones
* You don’t even have to take it out of your bag […] it’s always with you.
* Wearable device is that it both gives you control and takes it away at the same time
* The line between the two will never be as easy to find again
* Have to decide how much control we want – and what we’re prepared to give up for it

PRO

* You don’t have to take it out of your pocket – it’s always there

CON

* Tracking information (GPS – Health app)
* Always distracted Attention is always on the device (gravitational tug on your attention)
* Colonizing people’s bodies Attempting to colonize (take over) our bodies
* Takes away control (gives you control but also takes it away)
* Always with people (your attention is never undivided)
* Intimacy with your body
* Data leaked

Technology is often used everywhere, in some areas of people’s lives that are not always positive.

Tracking Information:

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**Upside to Technology, It’s Personal**

 “That’s because technology still connects us to David” (par. 5)

Connect people ~~globally~~ - “Technologies connect us to people who are not with us, geographically or physically” (par. 6)

Less alone - “Make us feel a little less alone” (par. 6)

“I get to scroll through picture of her that she sent over the years” (par. 8)

Relive moments - “We can relive countless moments with the people we love” (par. 9)

Create connections - “Technology allows us to connect” (par. 9)

Driverless cars - “Roads may be converted into parks” (par. 12) “driverless cars may be safer, potentially saving millions of people’s lives every year” (par. 12)

“there will be a lot more instances when they are used for good” (par. 14)

**How to integrate quotes**

Bilton states “\_\_\_\_\_\_\_” (par #). This means…

Bilton also explains that “\_\_\_\_\_\_\_\_” (par. #). This states that…

Bilton also argues that “\_\_\_\_\_\_” (par. #). This implies that…

In summary…

Upside to Technology

Technology still connects us (me) to David. (par. 5)

Technology connecting people - “Technologies connect us to people who are not with us, geographically or physically” (par. 6)

People being less alone - “Make us feel a little less alone” (par. 6)

Reliving moments – “We can relive countless moments with the people we love after they’re gone or are far away” (par. 9)

~~“Hackers and terrorists may turn driverless cars into weapons” (Par. 11)~~

Driverless cars - “Driverless cars may be safer, potentially saving millions of people’s lives” (par. 12)

More positive effects - “lot more instances when they are used for good.” (par. 14)

Bilton states that “\_\_\_\_\_\_” (par. #). This means that…

Bilton also argues that “\_\_\_\_\_\_\_\_” (par. #)

Ultimately Bilton is saying that technology “\_\_\_\_\_\_\_\_” (par. #)

Technology is an integral part of society for many people. **In Grossman’s article, “How Apple Is Invading Our Bodies”, Grossman is looking at the implication of technology in society today. Grossman is arguing that wearable technology is a negative thing based on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**Grossman believes that “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_” (par. \_\_\_\_\_\_\_\_), which suggests that** technology is a **negative thing because** …

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**He further feels that “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**Most importantly, Grossman sees wearable technology as a “line between [products and the human body, which] will never be as easy to find again” (par. 8). Ultimately, he implies that…**

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1. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
2. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**EXAMPLE 1**

**Grossman believes that “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_” (par. \_\_\_\_\_\_\_\_), which suggests that** technology is a **negative thing because…**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**EXAMPLE 2**

**He further feels that “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_” (par. \_\_\_\_\_\_\_\_), a feeling that reinforces technology is negative thing because…**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**EXAMPLE 3**

**Most importantly, Grossman sees wearable technology as a “line between [products and the human body, which] will never be as easy to find again” (par. 8). Ultimately, he implies that technology is a negative thing because…**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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## Write on a separate sheet of paper an expository paragraph about this article. Your paragraph must include three examples from the article to back up if you believe it is for/against wearable technology.

Technology is an integral part of society for many people. **In Bilton’s article, “The Upside to Technology? It’s Personal”, Bilton is looking at the effects of technology in society today. Bilton is arguing that technology is a positive/negative thing based on…**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Example 1**

**Bilton believes that “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_” (par. \_\_\_\_\_\_\_\_), which suggests that technology is a positive thing because…**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Example 2**

**Bilton also states that “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_” (par. \_\_\_\_\_\_\_\_), which suggests that technology is a positive thing because…**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Example 3**

**Bilton further feels “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_” (par. \_\_\_\_\_\_\_\_), which suggests that technology is a positive thing because…**

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